## I. AMENDMENT

Please make the following amendments:

## A. Amendments to the Specification

[0031] Referring to Figures 1A-F, various views of one embodiment of the present invention is shown comprising a vertical adjustment apparatus 100 which is attachable to a keyboard mechanism 20 of the prior art. Keyboard mechanism 20 is attachable to a workstation 103, such as a desk, via a mount 22 on the underside of the workstation. Further, in typical prior art keyboard mechanisms 20, a keyboard tray 30 is attached to the other end 26 of the keyboard mechanism 20. As would be known to one of ordinary skill in the art familiar with standard keyboard mechanisms, the height and location of the keyboard 30 is adjustable by depressing handle 24 (which allows for limited height adjustment) or by sliding the keyboard mechanism 20 toward or away from workstation 3, the keyboard mechanism being slidably attached to the workstation 3 via mount 22. Such a system and the utilization of that apparatus is described in U.S. Pat. No. 6,488,248 to Watt, incorporated by reference in its entirety.

[0059] The following table lists the description and the reference numbers as used herein and in the drawings attached hereto.

Number	Name
<del>10</del> 3	Workstation
20	Keyboard Mechanism
22	Workstation Mount
24	Handle
26	Mount
30	Keyboard Tray
100	Vertical Adjustment Apparatus
110	Base/Lower Tray
112	Channels in Base Tray
120	Upper Tray
122	Channels in Upper Tray

140	Tr T
140	First Leg
142	Upper end of First Leg
144	Lower End of First Leg
146	Rod on First Leg
148	Ends of Rods
150	Second Leg
152	Lower End of Second Leg
154	Upper End of Second Leg
156	Rod on Second Leg
158	Ends of Rod on Second Leg
240	Third Leg
242	Upper End of Third Leg
244	Lower End of Third Leg
250	Fourth Leg
252	Lower End of Fourth Leg
254	Upper End of Fourth Leg
300	Pivot
310	Pivot Member
410	Member
420	Pin
430	Notch in Member
440	Post
500	Frustoconical Member
510	First Locking Member
520	Second Locking Member
530	Teeth
540	Spring
550	Pin
560	Locking Rod for Slidable Member
570	Slidable Member
580	Toggle
582	Pin of Toggle
584	Hole in Slidable Member
586	Spring
588	Stationary Wall
610	Pneumatic Cylinder
620	Lead Screw
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